



## Christmas comes but once a year

The saying "Christmas comes but once a year" is very similar to the idiom 'seize the day', meaning that we should enjoy special events or opportunities because they don't happen often."

### Examples

1. John's parents bought him the latest PlayStation because 'Christmas comes but once a year', and they knew he really wanted it.
2. The family had a big, fancy dinner for the holidays. They said, "Christmas comes but once a year", meaning it's a special time to celebrate.
3. Lisa bought the concert tickets even though they were expensive. She said "Christmas comes but once a year", meaning she should enjoy this special chance.

### Where it comes from

This saying started in the 16<sup>th</sup> century. Thomas Tusser used it in a book in 1573 to encourage people to enjoy Christmas because it's a special time.

### Why it's important

"**Christmas comes but once a year**" is important in our daily lives because it teaches us to value and take advantage of special occasions and opportunities. It's a reminder that certain times are unique and should be celebrated. This proverb encourages us to live in the moment, appreciate what we have, and make the most of every opportunity.