



Easier said than done

"Easier said than done" means something may sound easy when we talk about it, but it's actually hard to do.

Examples

1. Imagine your teacher gives you an easy-looking project. You might say, "I can finish this quickly!" But when you start, you find it's harder than you thought. That's when we say, "easier said than done."
2. Have you ever made a New Year's resolution, like exercising every day? It sounds simple, but sticking to it is difficult. That's what we mean by "easier said than done."
3. Let's say you want to learn a musical instrument. Talking about it is easy, but it's difficult to practice regularly and become skilful. That's "easier said than done."

Where it came from

People have used this phrase for a long time and this idiom can be traced back to ancient proverbs and sayings that highlight the gap between words and actions. It shows that talking about something is easy, but doing it is hard. It's a reminder that ideas are easier than actions.

Why it's important

Why is "**easier said than done**" important in our daily lives? Well, it reminds us to be realistic and determined when setting goals or making plans. It teaches us that talking about something is just the beginning. The real challenge is taking action and not giving up.