



Crème de la crème

This idiom is a French saying that means the absolute best, like being at the top of the class. When we say, "crème de la crème," we mean something, or someone is the very best in a group or category. It's like saying they're number one.

Examples

1. Think about a student who gets the highest grades in all subjects. They're the "crème de la crème" of the class.
2. Imagine a sports team where one player always does better than the others. They're the "crème de la crème" of the team.
3. Suppose there's a talent show, and one performer is amazing, standing out from the rest. They're the "crème de la crème" of the show.

Where it comes from

This phrase comes from French cooking. In France, they love their food, and "crème de la crème" was used to talk about the finest ingredients, like the cream that rises to the top of milk. It meant something was fancy and special because, in the past, only rich people could afford such expensive ingredients.

Why it's important

"Crème de la crème" reminds us to aim for the best and work hard to achieve it. It's about doing our very best in everything we do, whether it's school, hobbies, or jobs. So, aim high, set high standards and be the best you can be!